

the basil leaf thai

appetizers

1. **FRESH SPRING ROLL (2)**
Fresh vegetables and noodles wrapped with a soft rice paper.
Served with special house sauce. vegetarian: \$5.99 • with shrimp: \$6.99
2. **SPRING ROLL (4)**
Cabbage, carrots, celery, clear noodles wrapped in a spring roll skin.
Deep-fried served with sweet chili sauce. \$5.99
3. **SHRIMP IN A BLANKET (KUNG HOR) (4)**
Marinated shrimp wrapped in a spring roll skin. Deep-fried and served with sweet chili sauce. \$6.99
4. **SA-TAY-KAI (3)**
Chicken marinated in our special sauce. Skewered and grilled to perfection. Served with peanut sauce
and cucumber salad. \$7.25
5. **CRAB RANGOON (6)**
Cream cheese mixed with crab meat (imitation), scallion and cilantro wrapped with wonton skin. Deep-fried
and served with sweet chili sauce. \$6.99
6. **FRIED CRISPY TOFU (9)**
Deep-fried until golden crispy. Served with sweet chili sauce and ground peanuts. \$5.99
102. **MOOPING (3) NEW!**
Pork marinated in our special sweet sauce. Skewered and grilled to perfection. Served with spicy house sauce. \$7.25
103. **THAI SPICY SAUSAGE NEW!**
Pork and chicken mixed with Thai chili paste, lemon grass, kaffir leaves, black pepper, galangal and root
of coriander. Served with fresh ginger and peanuts. \$7.25

sushi appetizers

- A1: **EDAMAME** \$4.99
- A6: **VEGETABLE TEMPURA** \$7.99
- A2: **CUCUMBER SALAD**
japanese style \$4.99
- A7: **SHRIMP & VEGGIES TEMPURA** \$9.99
- A3: **SEAWEED SALAD** \$4.99
- A8: **TUNA TATAKI** \$11.99
- A4: **SPICY TUNA SALAD** \$9.99
- A9: **SASHIMI APPETIZERS***
6 pcs Chef's choice \$9.99
- A5: **SPICY SALMON SALAD** \$9.99
- A10: **SUSHI APPETIZERS***
5 pcs Chef's choice \$9.99

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

soups

7. **TOM YAM****
Spicy and sour soup with chicken or shrimp. Thai chili, lime juice, tomato, mushrooms, onions, coriander, lemon grass and galangal..... Chicken & Tofu \$5.99 • Shrimp \$6.99
8. **TOM KAR**
Creamy coconut soup with chicken or shrimp. Lime juice, mushrooms, onions, lemon grass, coriander and galangal..... Chicken & Tofu \$5.99 • Shrimp \$6.99
9. **WONTON SOUP**
Clear soup with wontons filled with ground chicken.....\$5.99
104. **HOT AND SOUR SOUP NEW!**
Chili paste, lime juice, mushrooms, snow pea, coriander, carrots, green onions and fresh tofu..... Chicken & Tofu \$5.99 • Shrimp \$6.99

salads

10. **HOUSE SALAD**
Fresh vegetables served with special house peanut sauce..... \$4.99
11. **YUM KAI**(CHICKEN SALAD) OR YUM NEUA** (BEEF SALAD)**
Sliced chicken or beef tossed with lime juice, onions, scallions, coriander, ground roasted rice and Thai chili.....Chicken \$8.25 • Beef \$8.99
12. **YUM WOONSEN****
Bean threads minced chicken tossed with lime juice, onions, ginger, tomatoes, coriander and a touch of roasted chili paste..... \$8.25
101. **GREEN PAPAYA SALAD*(SOM TAM)**
Green papaya, carrots, tomatoes, ground peanuts with fresh lime juice, tamarind juice and fresh chili.....\$7.25
105. **THAI CUCUMBER SALAD* (TAM-THANG) NEW!**
Fresh cucumber, carrots, tomatoes, ground peanuts with fresh lime juice, tamarind juice and fresh chili.....\$7.25

noodles & noodle soup

chicken, pork, tofu or vegetable \$12.99 *beef \$13.99 *shrimp \$17.99 *seafood combo \$18.99
* a little spicy ** medium **** hot ***** thai hot *****thai super hot

29. **PAD THAI**
Stir-fried small rice noodles with a special tamarind sauce, egg, scallions, and bean sprouts served with ground peanuts.
30. **PAD KEE MAO** (DRUNKEN NOODLE)**
Stir-fried large noodles with chili, carrots, onions, broccoli, bell peppers and fresh basil leaves in special house brown sauce.
31. **SPICY NOODLE****
Stir-fried noodles with special basil sauce, onions, tomatoes, carrots, cabbage, bell peppers and fresh basil leaves.
32. **PHAD SEE EW**
Stir-fried large rice noodles with egg, carrots, broccoli, sweet vinegar and black soy sauce.
33. **LAD NAR**
Pan-fried large rice noodles with broccoli, mushrooms, baby corn, zucchini and carrots topped with brown gravy sauce.
34. **PHAD WOONSEN**
Stir-fried clear noodles with egg, carrots, baby corn, mushrooms, onions and scallions in special house sauce.
35. **THAI BOAT (NOODLE SOUP)**
Rice noodles, onions, scallions and fried garlic. Served with fresh basil leaves, bean sprouts and lime.

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

the basil leaf thai

appetizers

1. **FRESH SPRING ROLL (2)**
Fresh vegetables and noodles wrapped with a soft rice paper.
Served with special house sauce. vegetarian: \$5.99 • with shrimp: \$6.99
2. **SPRING ROLL (4)**
Cabbage, carrots, celery, clear noodles wrapped in a spring roll skin.
Deep-fried served with sweet chili sauce. \$5.99
3. **SHRIMP IN A BLANKET (KUNG HOR) (4)**
Marinated shrimp wrapped in a spring roll skin. Deep-fried and served with sweet chili sauce. \$6.99
4. **SA-TAY-KAI (3)**
Chicken marinated in our special sauce. Skewered and grilled to perfection. Served with peanut sauce
and cucumber salad. \$7.25
5. **CRAB RANGOON (6)**
Cream cheese mixed with crab meat (imitation), scallion and cilantro wrapped with wonton skin. Deep-fried
and served with sweet chili sauce. \$6.99
6. **FRIED CRISPY TOFU (9)**
Deep-fried until golden crispy. Served with sweet chili sauce and ground peanuts. \$5.99
102. **MOOPING (3) NEW!**
Pork marinated in our special sweet sauce. Skewered and grilled to perfection. Served with spicy house sauce. \$7.25
103. **THAI SPICY SAUSAGE NEW!**
Pork and chicken mixed with Thai chili paste, lemon grass, kaffir leaves, black pepper, galangal and root
of coriander. Served with fresh ginger and peanuts. \$7.25

sushi appetizers

- A1: **EDAMAME** \$4.99
- A6: **VEGETABLE TEMPURA** \$7.99
- A2: **CUCUMBER SALAD**
japanese style \$4.99
- A7: **SHRIMP & VEGGIES TEMPURA** \$9.99
- A3: **SEAWEED SALAD** \$4.99
- A8: **TUNA TATAKI** \$11.99
- A4: **SPICY TUNA SALAD** \$9.99
- A9: **SASHIMI APPETIZERS***
6 pcs Chef's choice \$9.99
- A5: **SPICY SALMON SALAD** \$9.99
- A10: **SUSHI APPETIZERS***
5 pcs Chef's choice \$9.99

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

soups

7. **TOM YAM****
Spicy and sour soup with chicken or shrimp. Thai chili, lime juice, tomato, mushrooms, onions, coriander, lemon grass and galangal..... Chicken & Tofu \$5.99 • Shrimp \$6.99
8. **TOM KAR**
Creamy coconut soup with chicken or shrimp. Lime juice, mushrooms, onions, lemon grass, coriander and galangal..... Chicken & Tofu \$5.99 • Shrimp \$6.99
9. **WONTON SOUP**
Clear soup with wontons filled with ground chicken.....\$5.99
104. **HOT AND SOUR SOUP NEW!**
Chili paste, lime juice, mushrooms, snow pea, coriander, carrots, green onions and fresh tofu..... Chicken & Tofu \$5.99 • Shrimp \$6.99

salads

10. **HOUSE SALAD**
Fresh vegetables served with special house peanut sauce..... \$4.99
11. **YUM KAI**(CHICKEN SALAD) OR YUM NEUA** (BEEF SALAD)**
Sliced chicken or beef tossed with lime juice, onions, scallions, coriander, ground roasted rice and Thai chili.....Chicken \$8.25 • Beef \$8.99
12. **YUM WOONSEN****
Bean threads minced chicken tossed with lime juice, onions, ginger, tomatoes, coriander and a touch of roasted chili paste..... \$8.25
101. **GREEN PAPAYA SALAD*(SOM TAM)**
Green papaya, carrots, tomatoes, ground peanuts with fresh lime juice, tamarind juice and fresh chili.....\$7.25
105. **THAI CUCUMBER SALAD* (TAM-THANG) NEW!**
Fresh cucumber, carrots, tomatoes, ground peanuts with fresh lime juice, tamarind juice and fresh chili.....\$7.25

noodles & noodle soup

chicken, pork, tofu or vegetable \$12.99 *beef \$13.99 *shrimp \$17.99 *seafood combo \$18.99
* a little spicy ** medium **** hot ***** thai hot *****thai super hot

29. **PAD THAI**
Stir-fried small rice noodles with a special tamarind sauce, egg, scallions, and bean sprouts served with ground peanuts.
30. **PAD KEE MAO** (DRUNKEN NOODLE)**
Stir-fried large noodles with chili, carrots, onions, broccoli, bell peppers and fresh basil leaves in special house brown sauce.
31. **SPICY NOODLE****
Stir-fried noodles with special basil sauce, onions, tomatoes, carrots, cabbage, bell peppers and fresh basil leaves.
32. **PHAD SEE EW**
Stir-fried large rice noodles with egg, carrots, broccoli, sweet vinegar and black soy sauce.
33. **LAD NAR**
Pan-fried large rice noodles with broccoli, mushrooms, baby corn, zucchini and carrots topped with brown gravy sauce.
34. **PHAD WOONSEN**
Stir-fried clear noodles with egg, carrots, baby corn, mushrooms, onions and scallions in special house sauce.
35. **THAI BOAT (NOODLE SOUP)**
Rice noodles, onions, scallions and fried garlic. Served with fresh basil leaves, bean sprouts and lime.

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

all of the following includes your choice of:
chicken, pork, tofu or vegetable \$12.99 *beef \$13.99 *shrimp \$17.99 *seafood combo \$18.99
* a little spicy ** medium **** hot ***** thai hot *****thai super hot

classic curry

(Served with Jasmine rice)

13. **RED CURRY* (KAENG DEANG)**
Red curry paste with coconut milk, bell peppers, bamboo shoots and fresh basil leaves.
14. **GREEN CURRY** (KAENG KHAIW WAN)**
Green curry paste with coconut milk, eggplant, bell peppers, bamboo shoots and fresh basil leaves.
15. **YELLOW CURRY* (KAENG KA-RI)**
Yellow curry paste with coconut milk, carrots, onions and potatoes.
16. **BROWN CURRY* (MASAMAN CURRY)**
Masaman curry paste with coconut milk, potatoes, onions and peanuts.
17. **PANANG CURRY***
Lightly sweet panang paste with coconut milk, bell peppers, peas, carrots, kaffir and lime leaves.

stir fry

(Served with Jasmine rice)

18. **PAD KRA PRAO *(THAI BASIL)**
Sautéed fresh chili sauce, bell peppers, carrots, onions and fresh basil leaves.
19. **PAD MAMAUNG (CASHEW NUT)**
Cashew nuts, bell peppers, onions, carrots, celery, water chestnuts and pineapple.
20. **PAD KHINK (GINGER)**
Fresh ginger, bell peppers, carrots, mushrooms, onions, baby corn, scallions and herb sauce.
21. **PAD KRA THEIM (GARLIC)**
Sautéed in fresh garlic sauce, carrots and onions on a bed of steamed mixed vegetables (Broccoli and zucchini).
22. **PAD PRIK POW** (CHILI PASTE)**
Thai special chili paste with bell peppers, onions, scallions, carrots, broccoli, zucchini and fresh basil leaves.
23. **PAD PAK (MIXED VEGETABLES)**
Mixed vegetables with a delicious house sauce.
24. **PAD PEAW WAN**
Onion, pineapple, carrots, water chestnuts, tomatoes, cucumber, scallions and bell peppers stir-fried with sweet and sour sauce.
25. **SWEET & SOUR CRISPY CHICKEN**
Onions, pineapple, carrots, tomatoes, bell peppers topped with a delicious sweet and sour sauce.
106. **PAD EGGPLANTS* NEW!**
Sautéed fresh chili sauce, eggplants, bell peppers, carrots, onions and fresh basil leaves.
107. **KAI KUK KIK** NEW!**
Homemade Thai spicy herb sauce with bell peppers, scallions, onions, young pepper corn, fresh kaffir leaves and fresh basil leaves.

fried rice

26. **HOUSE FRIED RICE**
Jasmine rice stir-fried with egg, onions, carrots, peas, scallions and tomato.
27. **PINEAPPLE FRIED RICE**
Jasmine rice with yellow curry powder, egg, pineapple, carrots, pears, raisins and cashew nuts.
28. **BASIL FRIED RICE****
Jasmine rice with sautéed fresh chili, egg, bell peppers, carrots, onions, snow peas and fresh basil leaves.

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

basil leaf specialties

- 36. **DUCK WITH RED CURRY SAUCE****
Red curry paste with coconut milk, red peppers, green peppers, bamboo shoots, tomatoes, pineapple, raisins, kaffir lime leaves and basil leaves. \$22.99
- 37. **PLA PAD PHET****
Tempura-fried fish with chili paste, red peppers, green peppers, baby corn, carrots, eggplant, kaffir leaves and fresh basil leaves.Flounder \$19.99
- 38. **PLA SAM ROD** (SPICY, SWEET AND SOUR)**
Tempura-fried fish with special house sauce, red peppers, green peppers, zucchini, tomatoes, onions and fresh basil leaves.....Flounder \$19.99
- 39. **PLA PANANG CURRY SAUCE* NEW!**
Tempura-fried fish with lightly sweet panang paste with coconut milk, bell peppers, peas, carrots, zucchini, kaffir and lime leaves.....Flounder \$19.99
- 40. **PLA PAD KRAPAO* NEW!**
Tempura-fried fish with sautéed fresh chili sauce, eggplants, bell peppers, carrots, onions and fresh basil leaves.....Flounder \$19.99
- 41. **POO PAD PONG - KARI SAUCE**
Deep-fried soft shell crab, onions, scallions and egg, broccoli, zucchini, carrots. \$22.99
- 42. **POO SAMROD**(SPICY, SWEET AND SOUR)**
Deep-fried soft shell crab, red peppers, green peppers, carrots, tomatoes, onions, broccoli and zucchini..... \$22.99
- 43. **KHUNG SAMROD** NEW!**
Deep-fried shrimp with tempura powder, red peppers, green peppers, carrots, tomatoes, onions, broccoli and zucchini. \$22.99

* a little spicy ** medium **** hot ***** thai hot *****thai super hot



Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

side order

JASMINE RICE	\$2.00
BROWN RICE	\$2.50
STEAMED VEGETABLES	\$2.50
STEAMED NOODLES	\$2.50
EXTRA PROTEIN	
• Chicken, Pork, Tofu or Vegetables.....	\$2.00
• Beef	\$3.00
• Shrimp and Scallops.....	\$4.00

Kids menu

HOUSE FRIED RICE WITH CHICKEN	\$6.99
SWEET AND SOUR CRISPY CHICKEN	\$6.99
PAD THAI WITH CHICKEN	\$6.99

beverage

THAI TEA	\$3.25
*no refills	
HOT TEA	
Green tea or Jasmine	\$2.75
HOT COFFEE	\$2.75
SWEET TEA / UNSWEET TEA/ SOFT DRINK	\$2.00
(free refills)	
Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Mountain Dew, Sierra Mist, Pink Lemonade, Ginger Ale	

desserts

1. SWEET STICKY RICE WITH MANGO	\$7.25
2. SWEET STICKY RICE WITH ICE CREAM	\$6.99
3. THAI COCONUT CUSTARD	\$6.99
4. ICE CREAM	
Green tea or Vanilla.....	\$3.50
5. FRIED BANANAS	\$5.99
With vanilla ice cream.....	\$6.99

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

basil leaf specialties

- 36. **DUCK WITH RED CURRY SAUCE****
Red curry paste with coconut milk, red peppers, green peppers, bamboo shoots, tomatoes, pineapple, raisins, kaffir lime leaves and basil leaves. \$22.99
- 37. **PLA PAD PHET****
Tempura-fried fish with chili paste, red peppers, green peppers, baby corn, carrots, eggplant, kaffir leaves and fresh basil leaves.Flounder \$19.99
- 38. **PLA SAM ROD** (SPICY, SWEET AND SOUR)**
Tempura-fried fish with special house sauce, red peppers, green peppers, zucchini, tomatoes, onions and fresh basil leaves.....Flounder \$19.99
- 39. **PLA PANANG CURRY SAUCE* NEW!**
Tempura-fried fish with lightly sweet panang paste with coconut milk, bell peppers, peas, carrots, zucchini, kaffir and lime leaves.....Flounder \$19.99
- 40. **PLA PAD KRAPAO* NEW!**
Tempura-fried fish with sautéed fresh chili sauce, eggplants, bell peppers, carrots, onions and fresh basil leaves.....Flounder \$19.99
- 41. **POO PAD PONG - KARI SAUCE**
Deep-fried soft shell crab, onions, scallions and egg, broccoli, zucchini, carrots. \$22.99
- 42. **POO SAMROD**(SPICY, SWEET AND SOUR)**
Deep-fried soft shell crab, red peppers, green peppers, carrots, tomatoes, onions, broccoli and zucchini..... \$22.99
- 43. **KHUNG SAMROD** NEW!**
Deep-fried shrimp with tempura powder, red peppers, green peppers, carrots, tomatoes, onions, broccoli and zucchini. \$22.99

* a little spicy ** medium **** hot ***** thai hot *****thai super hot



Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

thai-lunch special menu

Weekday Lunch Special: Monday-Friday 11:00 am.-2:30 pm
(Served with a Spring Roll)

chicken, pork, tofu or vegetable \$7.99 *beef \$8.99 * shrimp \$10.99 * seafood combo \$12.99

- L1: **RED CURRY* (KAENG DEANG):**
Red curry paste with coconut milk, bell peppers, bamboo shoots and fresh basil leaves.
- L2: **GREEN CURRY** (KAENG KHAIW WAN)**
Green curry paste with coconut milk, eggplant, bell peppers, bamboo shoots and fresh basil leaves.
- L3: **PAD KRA PRAO (THAI BASIL)**
Sautéed fresh chili sauce, bell peppers, carrots, onions and fresh basil leaves.
- L4: **PAD MAMAUNG (CASHEW NUT)**
Cashew nuts, bell peppers, onions, carrots, celery, water chestnuts and pineapple.
- L5: **PAD PRIK POW**(CHILI PASTE)**
Thai special chili paste with bell peppers, onions, scallions, carrots, broccoli, zucchini and fresh basil leaves.
- L6: **PAD PAK (MIXED VEGETABLES)**
Mixed vegetables with a delicious house sauce.
- L7: **PAD PEAW WAN**
Onion, pineapple, water chestnuts, tomatoes, cucumber, scallions and bell peppers, carrots stir-fried with sweet and sour sauce.
- L8: **HOUSE FRIED RICE**
Jasmine rice stir-fried with egg, onions, carrots, snow peas, scallions and tomato.
- L9: **PAD THAI**
Stir-fried small rice noodles with a special tamarind sauce, egg, scallions, and bean sprouts served with ground peanuts.
- L10: **PAD KEE MAO** (DRUNKEN NOODLE)**
Stir-fried large noodles with chili, carrots, onions, broccoli, bell peppers and fresh basil leaves in special house brown sauce.
- L11: **THAI BOAT OR PHO (NOODLE SOUP)**
Rice noodles, onions, scallions and fried garlic. Served with fresh basil leaves, bean sprouts and lime.

sushi-lunch special menu

Everyday 11:00 am.-2:30 pm (Served with a spring roll or salad)

- SL1: **VEGGIES COMBO** (3 pieces of vegetable tempura with veggies Roll).....\$8.99
- SL2: **CHIRASHI*** (Rice topped with assorted fish)\$10.99
- SL3: **UNADON*** (Rice topped with eel).....\$10.99
- SL4: **TEKKADON*** (Rice topped with Tuna).....\$10.99
- SL5: **ROLLS COMBO*** (California roll, salmon roll and cucumber roll).....\$10.99
- SL6: **SUSHI COMBO*** (3 pieces of chef's choice with California roll)\$10.99
- SL7: **SALMON DELUXE*** (3 pieces of nigiri with salmon roll).....\$10.99
- SL8: **TUNA DELUXE*** (3 pieces of nigiri with tuna roll)..... \$11.99
- SL9: **SASHIMI DELUXE*** (9 pieces of assorted fish)\$12.99
- SL10: **SUSHI & SASHIMI COMBO*** (3 pieces of nigiri, 6 pieces of sashimi Chef's special)\$12.99

weekend lunch special

11:00 am -2:30 pm.

(Served with a Spring Roll)

chicken, pork, tofu or vegetable \$8.99 *beef \$9.99 * shrimp \$11.99 * seafood combo \$13.99

- W1: **RED CURRY* (KAENG DEANG)**
Red curry paste with coconut milk, bell peppers, bamboo shoots and fresh basil leaves.
- W2: **PAD KHINK (GINGER)**
Fresh ginger, bell peppers, mushrooms, onions, carrots, baby corn, scallions and herb sauce.
- W3: **BASIL FRIED RICE****
Jasmine rice with sautéed fresh chili, egg, bell peppers, carrots, onions, snow peas and fresh basil leaves.
- W4: **PAD THAI**
Stir-fried small rice noodles with a special tamarind sauce, egg, scallions, and bean sprouts served with ground peanuts.
- W5: **SPICY NOODLE****
Stir-fried noodles with special basil sauce, onions, tomatoes, carrots, cabbage, bell peppers and fresh basil leaves.

A 20% gratuity will be charged to parties of 6 or more

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

side order

JASMINE RICE	\$2.00
BROWN RICE	\$2.50
STEAMED VEGETABLES	\$2.50
STEAMED NOODLES	\$2.50
EXTRA PROTEIN	
• Chicken, Pork, Tofu or Vegetables	\$2.00
• Beef	\$3.00
• Shrimp and Scallops	\$4.00

Kids menu

HOUSE FRIED RICE WITH CHICKEN	\$6.99
SWEET AND SOUR CRISPY CHICKEN	\$6.99
PAD THAI WITH CHICKEN	\$6.99

beverage

THAI TEA	\$3.25
*no refills	
HOT TEA	
Green tea or Jasmine	\$2.75
HOT COFFEE	\$2.75
SWEET TEA / UNSWEET TEA/ SOFT DRINK	\$2.00
(free refills)	
Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Mountain Dew, Sierra Mist, Pink Lemonade, Ginger Ale	

desserts

1. SWEET STICKY RICE WITH MANGO	\$7.25
2. SWEET STICKY RICE WITH ICE CREAM	\$6.99
3. THAI COCONUT CUSTARD	\$6.99
4. ICE CREAM	
Green tea or Vanilla	\$3.50
5. FRIED BANANAS	\$5.99
With vanilla ice cream	\$6.99

Consumer Notice:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.